

HAND HYGIENE TECHNIQUE

Infection
Control

NHS
Worcestershire
Health and Care
NHS Trust

1



Wet hands prior to application of liquid soap.

4



Fingers interlaced palm to palm.

7



Rotational rubbing of palms.

2



Palm to palm and palms over dorsum.

5



Back of fingers to opposing palms.

8



Rotational rubbing of palms with fingers over dorsum.

3



Interlaced fingers over dorsums.

6



Rotational rubbing of thumbs.

9



Dry hands thoroughly using disposable paper towel.