

# ATTENTION ALL STAFF...

Infection  
Control

**NHS**  
Worcestershire  
Health and Care  
NHS Trust

## Should you be undertaking hand hygiene in this area?

# You are entering a 'BARE BELOW THE ELBOWS' Zone!



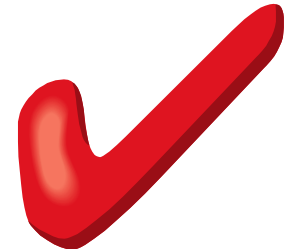
**NO...wrist watches/jewellery**

**NO...stoned rings**

**NO...long sleeves**

**NO...nail polish or nail art**

# Zone!



**YES...bare lower arms**

**YES...short sleeves**

**YES...short, clean nails**

**YES...effective hand hygiene**

**Neckties, or other loose items (e.g. ID badges) must not be worn when carrying out direct clinical care. Roll-up long sleeved items or remove. Wear enclosed shoes. Wear clean work-wear each shift.**