

ATTENTION ALL STAFF...



Herefordshire and Worcestershire
Health and Care
NHS Trust

**WHEN YOU ARE REQUIRED TO UNDERTAKE HAND HYGIENE
AS PART OF YOUR ROLE IN THIS AREA E.G. FOOD SERVICE
OR PREPARATION, CLEANING TASKS ETC**

TO ACHIEVE THE BEST RESULTS YOU SHOULD COMPLY WITH THE:

'BARE BELOW THE ELBOWS'



Protocol



NO...wrist watches/jewellery

NO...stoned rings

NO...long sleeves

NO...nail polish or nail art

YES...bare lower arms

YES...short sleeves

YES...short, clean nails

YES...effective hand hygiene

Neckties, or other loose items (e.g. ID badges) should not interfere in tasks being undertaken. If wearing long sleeves these should be rolled up to promote compliance. Wear enclosed shoes and ensure you wear clean work-wear for each shift.