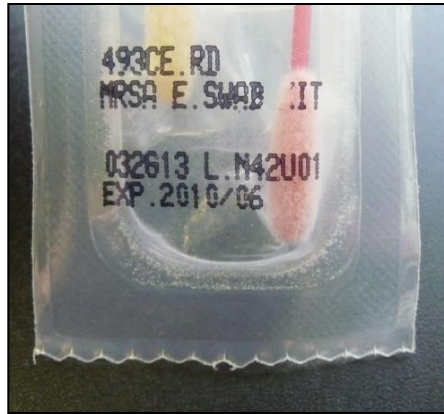


Cleanse hands in accordance with 5 moments and put on/remove PPE as required



STEP 1

Check all items to be used are within expiry date and open ampoule of saline/water.



STEP 2

Ensure swab specimen tube is at the top of the pouch before peeling open packaging.



STEP 3

Remove tube and place it onto a clean stable surface.



STEP 4

Pour 2-3 drops of sterile saline 0.9%/water for injection from ampoule into the pouch along the shaft of the swabs to moisten the ends.



STEP 5

Remove the cap from the tube and place, inverted, on a clean surface.



STEP 6

Gently insert tip of pink swab into the anterior nares of both nostrils. Rotate several times.



STEP 7

Swirl the swab in the transport liquid (in specimen tube) and break off the swab into the tube at the mark on the swab shaft.



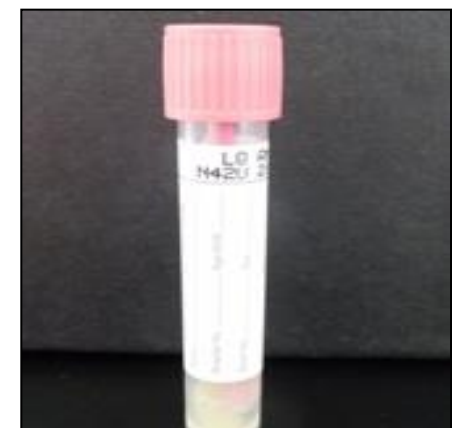
STEP 8

Take white swab and swab groin area.



STEP 9

Repeat step 7 with the white swab.



STEP 10

Replace cap on tube and close firmly.

Ensure tube and request form are labelled correctly